

LEKKOATLETYCZNY MITYNG RZUTOWY MASTERS
25-lecie STARGARDZKIEGO ZWIĄZKU WETERANÓW LA
STARGARD 4.09.2021

| | |
|-------------------------|----------------------|
| Sędzia główny zawodów | Stanisław Tarnawski |
| Kierownik zawodów | Julian Wójcik |
| Kierownik sekretariatu | Józef Piecyk |
| | |
| Sędzia główny rzutów I | Krzysztof Rytwiński |
| Sędzia główny rzutów II | Włodzimierz Różyczka |

1 Mila Mężczyzn

| Miejsce | Nr. | Nazwisko i imię | rocz | klub/miasto | wynik | pkt. |
|---------|-----|------------------|------|-------------|---------|------|
| 1 | 13 | Hoffmann Zygfryd | M70 | Stargard | 6:54,38 | |

3000m Kobiet

| Miejsce | Nr. | Nazwisko i imię | rocz | klub/miasto | wynik | pkt. |
|---------|-----|-----------------|------|-------------|---------|------|
| 1 | 31 | Świgoń Izabela | K50 | Suchań | 19:04,7 | 111 |

3000m Mężczyzn

| Miejsce | Nr. | Nazwisko i imię | rocz | klub/miasto | wynik | pkt. |
|---------|-----|-----------------------|------|-------------|---------|------|
| 1 | 6 | Jarzyna Ryszard | M45 | Stargard | 13:05,8 | 109 |
| 2 | 35 | Strzyga Mariusz | M45 | Stargard | 13:06,2 | 108 |
| 3 | 34 | Ostrowski Sylwester | M45 | Stargard | 13:07,4 | 106 |
| 4 | 12 | Kowalski Krystian | M45 | Stargard | 14:04,0 | 30 |
| 5 | 33 | Gurak Tomasz | M45 | Stargard | 15:17,4 | 0 |
| 6 | 5 | Jarzyna Roman | M50 | Stargard | 15:00,0 | 13 |
| 7 | 32 | Kaczmarczyk Stanisław | M60 | Stargard | 16:52,9 | 1 |

3000m Mężczyzn OPEN

| | | | | | | |
|---|----|-----------------------|-----|----------|---------|-----|
| 1 | 6 | Jarzyna Ryszard | M45 | Stargard | 13:05,8 | 109 |
| 2 | 35 | Strzyga Mariusz | M45 | Stargard | 13:06,2 | 108 |
| 3 | 34 | Ostrowski Sylwester | M45 | Stargard | 13:07,4 | 106 |
| 4 | 12 | Kowalski Krystian | M45 | Stargard | 14:04,0 | 30 |
| 5 | 5 | Jarzyna Roman | M50 | Stargard | 15:00,0 | 13 |
| 6 | 32 | Kaczmarczyk Stanisław | M60 | Stargard | 16:52,9 | 1 |
| 7 | 33 | Gurak Tomasz | M45 | Stargard | 15:17,4 | 0 |
| 8 | 13 | Hoffmann Zygfryd | M70 | | DNS | |

Oszczep Kobiet

| Miejsce | Nr. | Oszczep K - 500 g | | I | II | III | IV | V | VI | wynik | pkt. |
|---------|-----|-------------------|-------------|-------|-------|-------|----|---|-------|-------|------|
| 1 | 26 | Kieling Anna | K55 Barwice | 19,65 | 19,92 | 19,49 | x | x | 21,61 | 21,61 | 594 |

Oszczep Mężczyzn

| Miejsce | Nr. | Oszczep M - 800 g | | I | II | III | IV | V | VI | wynik | pkt. |
|---------|-----|-------------------|------------|-------|-------|-------|----|---|-------|-------|------|
| 1 | 14 | Musiał Akadiusz | M45 Słońsk | 41,74 | 44,64 | 46,14 | x | x | 44,53 | 46,14 | 787 |

| | | | | | | | | | | | | |
|---|----|--------------------|-----|-------------------|-------|-------|-------|-------|-------|-------|-------|-----|
| 1 | 28 | Oszczep M - 700 g | M55 | Chrzypsko Wielkie | 34,90 | 35,95 | 36,55 | 38,10 | 35,16 | 34,54 | 38,10 | 784 |
| 1 | 27 | Oszczep M - 600 g | M65 | Sieraków | 32,88 | 34,80 | 34,90 | 37,16 | 35,16 | 38,72 | 38,72 | 897 |
| 2 | 23 | Tłuszcz Zbigniew | M60 | | 30,35 | 33,05 | 31,24 | 37,13 | 31,94 | x | 37,13 | 773 |
| 3 | 2 | Drażkowski Mariusz | M65 | Zakrzewo | 24,12 | 24,55 | 24,72 | 24,84 | 25,60 | - | 25,60 | 567 |
| 1 | 15 | Oszczep M - 500 g | M75 | Stargard | 22,94 | 22,29 | 23,66 | 23,24 | - | - | 23,66 | 642 |
| | 22 | Krankowski Waclaw | M70 | Toruń | | | | | | | DNS | |

Oszczep Mężczyzn OPEN

| Miejsce | | | | | I | II | III | IV | V | VI | wynik | pkt. |
|---------|----|--------------------|-----|-------------------|-------|-------|-------|-------|-------|-------|-------|------|
| 1 | 27 | Wawrzyniak Zenon | M65 | Sieraków | 32,88 | 34,80 | 34,90 | 37,16 | 35,16 | 38,72 | 38,72 | 897 |
| 2 | 14 | Musiał Akadiusz | M45 | Słońsk | 41,74 | 44,64 | 46,14 | x | x | 44,53 | 46,14 | 787 |
| 3 | 28 | Królik Bogdan | M55 | Chrzypsko Wielkie | 34,90 | 35,95 | 36,55 | 38,10 | 35,16 | 34,54 | 38,10 | 784 |
| 4 | 23 | Tłuszcz Zbigniew | M60 | | 30,35 | 33,05 | 31,24 | 37,13 | 31,94 | x | 37,13 | 773 |
| 5 | 15 | Burdzy Mieczysław | M75 | Stargard | 22,94 | 22,29 | 23,66 | 23,24 | - | - | 23,66 | 642 |
| 6 | 2 | Drażkowski Mariusz | M65 | Zakrzewo | 24,12 | 24,55 | 24,72 | 24,84 | 25,60 | - | 25,60 | 567 |
| 7 | 22 | Krankowski Waclaw | M70 | Toruń | | | | | | | DNS | |

Dysk Kobiet

| Miejsce | | DYSK K - 1 kg | | | I | II | III | IV | V | VI | wynik | pkt. |
|---------|----|--------------------|-----|---------|-------|-------|-------|-------|-------|-------|-------|------|
| 1 | 26 | Kieling Anna | K55 | Barwice | x | 22,84 | 24,81 | 22,13 | 24,32 | 24,38 | 24,81 | 629 |
| | 16 | Krzyżan Małgorzata | K50 | Słubice | | | | | | | DNS | |
| 1 | 17 | DYSK K - 0,75 kg | K80 | Poznań | 10,69 | 12,47 | 12,67 | 13,25 | 13,03 | 11,51 | 13,25 | 617 |

Dysk Kobiet Open

| | | | | | | | | | | | | |
|---|----|--------------------|-----|---------|-------|-------|-------|-------|-------|-------|-------|-----|
| 1 | 26 | Kieling Anna | K55 | Barwice | x | 22,84 | 24,81 | 22,13 | 24,32 | 24,38 | 24,81 | 629 |
| 2 | 17 | Frąckowiak Ewa | K80 | Poznań | 10,69 | 12,47 | 12,67 | 13,25 | 13,03 | 11,51 | 13,25 | 617 |
| | 16 | Krzyżan Małgorzata | K50 | Słubice | | | | | | | DNS | |

DYSK M - 1 kg

| | | | | | | | | | | | | |
|---|----|--------------------|-----|---------------|-------|-------|-------|-------|-------|-------|-------|-----|
| 1 | 23 | Tłuszcz Zbigniew | M60 | Polkowice LKS | 42,06 | 42,70 | 41,26 | 43,30 | 41,40 | 42,14 | 43,30 | 831 |
| 2 | 3 | Strelczuk Wojciech | M65 | Chojna | 23,60 | x | 28,84 | 31,37 | x | 32,10 | 32,10 | 674 |
| 3 | 2 | Drażkowski Mariusz | M65 | Zakrzewo | 31,96 | x | 32,06 | x | 32,02 | 31,89 | 32,06 | 673 |
| 4 | 19 | Duber Jerzy | M60 | Zielona Góra | x | x | 35,57 | x | 35,52 | x | 35,57 | 669 |
| 5 | 10 | Radzikowski Henryk | M60 | Szczecin | 32,38 | x | 33,00 | 33,18 | 34,97 | x | 34,97 | 657 |
| 6 | 11 | Jurkowski Jerzy | M65 | Szczecin | 31,12 | x | 27,87 | x | 26,84 | x | 31,12 | 651 |
| 7 | 8 | Dunal Jerzy | M65 | Stargard | x | 20,36 | 19,00 | x | x | 20,20 | 20,36 | 401 |

DYSK M40 - M45 - 2 kg

| | | | | | | | | | | | | |
|---|----|-------------------|-----|----------|-------|-------|-------|-------|-------|-------|-------|-----|
| 1 | 12 | Kowalski Krystian | M45 | Stargard | x | 27,86 | x | x | x | 25,64 | 27,86 | 497 |
| 2 | 14 | Musiał Akadiusz | M45 | Słońsk | 24,77 | 20,21 | 26,14 | 23,82 | 26,30 | 27,20 | 27,20 | 483 |

DYSK M50 - M55 - 1,5 kg

| | | | | | | | | | | | | |
|---|----|-------------------|-----|-------------------|-------|-------|-------|-------|-------|-------|-------|-----|
| 3 | 1 | Piotrowski Robert | M55 | Kołobrzeg | 34,23 | 33,42 | 35,42 | 36,40 | 36,00 | 34,71 | 36,40 | 744 |
| 4 | 28 | Królik Bogdan | M55 | Chrzypsko Wielkie | | | | | | | DNS | |

DYSK M70 - M80 - 1 kg

| | | | | | | | | | | | | |
|---|----|---------------------|-----|-----------|-------|-------|-------|-------|-------|-------|-------|-----|
| 1 | 25 | Roszczak Czesław | M80 | Pogorzela | 28,13 | 28,80 | 30,75 | 30,79 | 29,53 | 30,29 | 30,79 | 920 |
| 2 | 20 | Suszycki Norbert | M70 | Gorzów | 33,64 | x | 30,98 | 37,82 | x | x | 37,82 | 909 |
| 3 | 22 | Krankowski Waclaw | M70 | Toruń | x | 33,16 | x | 32,56 | 32,60 | x | 33,16 | 787 |
| 4 | 7 | Piączkowski Andrzej | M70 | Warszawa | 31,20 | 32,32 | 29,84 | 30,89 | 31,12 | 31,24 | 32,32 | 765 |
| 5 | 18 | Frąckowiak Feliks | M80 | Poznań | 14,88 | 14,77 | x | 18,00 | 18,44 | x | 18,44 | 521 |
| 6 | 9 | Kopik Leszek | M75 | Szczecin | | | | | | | DNS | |

DYSK M Open

| | | | | | | | | | | | | |
|---|----|------------------|-----|---------------|-------|-------|-------|-------|-------|-------|-------|-----|
| 1 | 25 | Roszczak Czesław | M80 | Pogorzela | 28,13 | 28,80 | 30,75 | 30,79 | 29,53 | 30,29 | 30,79 | 920 |
| 2 | 20 | Suszycki Norbert | M70 | Gorzów | 33,64 | x | 30,98 | 37,82 | x | x | 37,82 | 909 |
| 3 | 23 | Tłuszcz Zbigniew | M60 | Polkowice LKS | 42,06 | 42,70 | 41,26 | 43,30 | 41,40 | 42,14 | 43,30 | 831 |

| | | | | | | | | | | | |
|----|-----------------------|-----|-------------------|-------|-------|-------|-------|-------|-------|-------|-----|
| 4 | 22 Krankowski Waclaw | M70 | Toruń | x | 33,16 | x | 32,56 | 32,60 | x | 33,16 | 787 |
| 5 | 7 Piączkowski Andrzej | M70 | Warszawa | 31,20 | 32,32 | 29,84 | 30,89 | 31,12 | 31,24 | 32,32 | 765 |
| 6 | 1 Piotrowski Robert | M55 | Kołobrzeg | 34,23 | 33,42 | 35,42 | 36,40 | 36,00 | 34,71 | 36,40 | 744 |
| 7 | 3 Strelczuk Wojciech | M65 | Chojna | 23,60 | x | 28,84 | 31,37 | x | 32,10 | 32,10 | 674 |
| 8 | 2 Drążkowski Mariusz | M65 | Zakrzewo | 31,96 | x | 32,06 | x | 32,02 | 31,89 | 32,06 | 673 |
| 9 | 19 Duber Jerzy | M60 | Zielona Góra | x | x | 35,57 | x | 35,52 | x | 35,57 | 669 |
| 10 | 10 Radzikowski Henryk | M60 | Szczecin | 32,38 | x | 33,00 | 33,18 | 34,97 | x | 34,97 | 657 |
| 11 | 11 Jurkowski Jerzy | M65 | Szczecin | 31,12 | x | 27,87 | x | 26,84 | x | 31,12 | 651 |
| 12 | 18 Frąckowiak Feliks | M80 | Poznań | 14,88 | 14,77 | x | 18,00 | 18,44 | x | 18,44 | 521 |
| 13 | 12 Kowalski Krystian | M45 | Stargard | x | 27,86 | x | x | x | 25,64 | 27,86 | 497 |
| 14 | 14 Musiał Akadiusz | M45 | Słońsk | 24,77 | 20,21 | 26,14 | 23,82 | 26,30 | 27,20 | 27,20 | 483 |
| 15 | 8 Dunal Jerzy | M65 | Stargard | x | 20,36 | 19,00 | x | x | 20,20 | 20,36 | 401 |
| | 28 Królik Bogdan | M55 | Chrzypsko Wielkie | | | | | | | | DNS |
| | 9 Kopik Leszek | M75 | Szczecin | | | | | | | | DNS |

Młot K - 3 kg

| | | | | I | II | III | IV | V | VI | wynik | pkt. |
|---|-----------------------|-----|---------|-------|-------|-------|-------|-------|-------|-------|------|
| 1 | 4 Strelczuk Irena | K60 | | 17,26 | 14,84 | 14,01 | 15,32 | 15,84 | 15,46 | 17,26 | 342 |
| | 16 Krzyżan Małgorzata | K50 | Słubice | | | | | | | DNS | |

Młot K - 2 kg

| | | | | | | | | | | | |
|---|-------------------|-----|--------|-------|-------|-------|-------|-------|-------|-------|-----|
| 1 | 17 Frąckowiak Ewa | K80 | Poznań | 18,42 | 19,13 | 18,99 | 18,59 | 17,47 | 18,84 | 19,13 | 611 |
|---|-------------------|-----|--------|-------|-------|-------|-------|-------|-------|-------|-----|

Młot K Open

| | | | | I | II | III | IV | V | VI | wynik | pkt. |
|---|-----------------------|-----|---------|-------|-------|-------|-------|-------|-------|-------|------|
| 1 | 17 Frąckowiak Ewa | K80 | Poznań | 18,42 | 19,13 | 18,99 | 18,59 | 17,47 | 18,84 | 19,13 | 611 |
| 2 | 4 Strelczuk Irena | K60 | | 17,26 | 14,84 | 14,01 | 15,32 | 15,84 | 15,46 | 17,26 | 342 |
| | 16 Krzyżan Małgorzata | K50 | Słubice | | | | | | | DNS | |

Młot M - 7,26 kg

| | | | | | | | | | | | |
|---|------------------|-----|----------|-------|---|---|---|-------|-------|-------|-----|
| 1 | Różyczka Marek | M45 | Stargard | 44,53 | x | x | - | - | - | 44,53 | 783 |
| 2 | 21 Synówka Rafał | M45 | Stargard | 30,58 | x | x | x | 31,29 | 32,26 | 32,26 | 547 |

Młot M - 5 kg

| | | | | | | | | | | | |
|---|-----------------------|-----|---------------|-------|-------|-------|-------|-------|-------|-------|-----|
| 1 | 3 Strelczuk Wojciech | M65 | Chojna | 35,16 | 36,04 | 36,45 | 36,86 | 35,88 | 37,20 | 37,20 | 827 |
| 2 | 2 Drążkowski Mariusz | M65 | Zakrzewo | 33,63 | x | x | 30,32 | 33,09 | 33,93 | 33,93 | 748 |
| 3 | 19 Duber Jerzy | M60 | Zielona Góra | x | 33,50 | 36,43 | 37,55 | 36,38 | x | 37,55 | 746 |
| 4 | 11 Jurkowski Jerzy | M65 | Szczecin | 32,63 | x | x | 31,63 | x | 30,66 | 32,63 | 717 |
| 5 | 23 Tłuszcz Zbigniew | M60 | Polkowice LKS | 34,20 | 33,88 | x | 34,45 | 35,66 | x | 35,66 | 704 |
| 6 | 10 Radzikowski Henryk | M60 | Szczecin | 31,21 | 34,02 | 34,09 | 33,74 | x | x | 34,09 | 670 |
| 7 | 8 Dunal Jerzy | M65 | Stargard | 24,32 | - | - | - | - | - | 24,32 | 616 |

Młot M - 7,26 kg

| | | | | | | | | | | | |
|---|-------------------|-----|----------|-------|---|-------|---|-------|---|-------|-----|
| 1 | 24 Sucholas Artur | M40 | Stargard | 37,70 | x | 33,43 | x | 37,58 | x | 37,70 | 580 |
|---|-------------------|-----|----------|-------|---|-------|---|-------|---|-------|-----|

Młot M - 4 kg

| | | | | | | | | | | | |
|---|-----------------------|-----|----------|-------|-------|-------|-------|-------|---|-------|------|
| 1 | 30 Jabłoński Jerzy | M75 | Olsztyn | 49,92 | x | 50,76 | x | x | x | 50,76 | 1285 |
| 2 | 22 Krankowski Waclaw | M70 | Toruń | 43,38 | 44,81 | 41,96 | 44,32 | 47,76 | x | 47,76 | 1076 |
| 3 | 7 Piączkowski Andrzej | M70 | Warszawa | 42,86 | 43,37 | 41,68 | 43,13 | 41,16 | x | 43,37 | 970 |

Młot M - 3 kg

| | | | | | | | | | | | |
|---|----------------------|-----|-----------|-------|---|-------|---|-------|-------|-------|------|
| 1 | 25 Roszczak Czesław | M80 | Pogorzela | 38,01 | x | x | x | x | 36,96 | 38,01 | 1053 |
| 2 | 29 Kargol Antoni | M80 | Wałcz | 29,77 | x | 30,19 | x | x | 30,50 | 30,50 | 830 |
| 3 | 18 Frąckowiak Feliks | M80 | Poznań | x | x | 19,11 | x | 18,68 | 18,93 | 19,11 | 493 |

Młot M Open

| | | | | | | | | | | | |
|----|-----------------------|-----|--------------|-------|-------|-------|-------|-------|-------|-------|------|
| 1 | 30 Jabłoński Jerzy | M75 | Olsztyn | 49,92 | x | 50,76 | x | x | x | 50,76 | 1285 |
| 2 | 22 Krankowski Waclaw | M70 | Toruń | 43,38 | 44,81 | 41,96 | 44,32 | 47,76 | x | 47,76 | 1076 |
| 3 | 25 Roszczak Czesław | M80 | Pogorzela | 38,01 | x | x | x | x | 36,96 | 38,01 | 1053 |
| 4 | 7 Piączkowski Andrzej | M70 | Warszawa | 42,86 | 43,37 | 41,68 | 43,13 | 41,16 | x | 43,37 | 970 |
| 5 | 29 Kargol Antoni | M80 | Wałcz | 29,77 | x | 30,19 | x | x | 30,50 | 30,50 | 830 |
| 6 | 3 Strelczuk Wojciech | M65 | Chojna | 35,16 | 36,04 | 36,45 | 36,86 | 35,88 | 37,20 | 37,20 | 827 |
| 7 | Różyczka Marek | M45 | Stargard | 44,53 | x | x | - | - | - | 44,53 | 783 |
| 8 | 2 Drążkowski Mariusz | M65 | Zakrzewo | 33,63 | x | x | 30,32 | 33,09 | 33,93 | 33,93 | 748 |
| 9 | 19 Duber Jerzy | M60 | Zielona Góra | x | 33,50 | 36,43 | 37,55 | 36,38 | x | 37,55 | 746 |
| 10 | 11 Jurkowski Jerzy | M65 | Szczecin | 32,63 | x | x | 31,63 | x | 30,66 | 32,63 | 717 |

| | | | | | | | | | | | | |
|----|----|--------------------|-----|---------------|-------|-------|-------|-------|-------|-------|-------|-----|
| 11 | 23 | Tłuszcz Zbigniew | M60 | Polkowice LKS | 34,20 | 33,88 | x | 34,45 | 35,66 | x | 35,66 | 704 |
| 12 | 10 | Radzikowski Henryk | M60 | Szczecin | 31,21 | 34,02 | 34,09 | 33,74 | x | x | 34,09 | 670 |
| 13 | 8 | Dunal Jerzy | M65 | Stargard | 24,32 | - | - | - | - | - | 24,32 | 616 |
| 14 | 24 | Sucholas Artur | M40 | Stargard | 37,70 | x | 33,43 | x | 37,58 | x | 37,70 | 580 |
| 15 | 21 | Synówka Rafał | M45 | Stargard | 30,58 | x | x | x | 31,29 | 32,26 | 32,26 | 547 |
| 16 | 18 | Frąckowiak Feliks | M80 | Poznań | x | x | 19,11 | x | 18,68 | 18,93 | 19,11 | 493 |

Kula M - 7,26 kg

| | | | | | | | | | | | | |
|---|----|-----------------|-----|----------|------|------|------|---|------|------|------|-----|
| 1 | 24 | Sucholas Artur | M40 | Stargard | 8,44 | 8,29 | 8,72 | x | 8,92 | 8,86 | 8,92 | 490 |
| 2 | 14 | Musiał Akadiusz | M45 | Słońsk | | | | | | | DNS | |

Kula M - 6 kg

| | | | | | | | | | | | | |
|---|----|-------------------|-----|-------------------|---|---|---|-------|-------|-------|-------|-----|
| 1 | 1 | Piotrowski Robert | M55 | Kołobrzeg | x | x | x | 11,14 | 11,06 | 11,30 | 11,30 | 823 |
| 2 | 28 | Królik Bogdan | M55 | Chrzypsko Wielkie | | | | | | | DNS | |

Kula M - 4 kg

| | | | | | | | | | | | | |
|---|----|---------------------|-----|----------|-------|-------|-------|-------|-------|-------|-------|------|
| 1 | 9 | Kopik Leszek | M75 | Szczecin | 11,42 | 11,23 | x | 11,41 | 11,28 | 11,72 | 11,72 | 1099 |
| 2 | 22 | Krankowski Wacław | M70 | Toruń | 12,40 | 11,79 | 12,21 | 12,10 | 11,83 | 12,43 | 12,43 | 1042 |
| 3 | 7 | Piączkowski Andrzej | M70 | Warszawa | x | 10,00 | x | x | x | x | 10,00 | 823 |
| 4 | 15 | Burdzy Mieczysław | M75 | Stargard | 7,71 | 7,92 | x | r | r | r | 7,92 | 718 |

Kula M - 3 kg

| | | | | | | | | | | | | |
|---|----|-------------------|-----|-----------|-------|-------|-------|------|-------|-------|-------|------|
| 1 | 25 | Roszczak Czesław | M80 | Pogorzela | 12,27 | 12,35 | 11,69 | x | 12,04 | 12,13 | 12,35 | 1306 |
| 2 | 18 | Frąckowiak Feliks | M80 | Poznań | 6,69 | 6,65 | 6,68 | 6,73 | x | x | 6,73 | 675 |

Kula M - 5 kg

| | | | | | | | | | | | | |
|---|----|--------------------|-----|--------------|-------|-------|-------|-------|-------|-------|-------|------|
| 1 | 3 | Strelczuk Wojciech | M65 | Chojna | 12,14 | 12,32 | 12,15 | 12,03 | 12,25 | 12,40 | 12,40 | 1043 |
| 2 | 2 | Drażkowski Mariusz | M65 | Zakrzewo | 11,48 | 11,84 | x | 12,08 | x | x | 12,08 | 1015 |
| 3 | 19 | Duber Jerzy | M60 | Zielona Góra | 10,88 | x | x | 10,92 | 11,44 | 11,16 | 11,44 | 850 |
| 4 | 10 | Radzikowski Henryk | M60 | Szczecin | 10,55 | 10,75 | 11,33 | 10,58 | 11,16 | 11,28 | 11,33 | 841 |
| 5 | 8 | Dunal Jerzy | M65 | Stargard | 7,38 | 7,92 | 7,72 | 7,81 | x | 8,17 | 8,17 | 661 |

Kula K - 3 kg

| | | | | | | | | | | | | |
|---|----|--------------------|-----|---------|------|------|------|------|------|------|------|-----|
| 1 | 4 | Strelczuk Irena | K60 | Chojna | 5,14 | 5,40 | 5,62 | 5,09 | 5,34 | 5,40 | 5,62 | 479 |
| | 16 | Krzyżan Małgorzata | K50 | Słubice | | | | | | | DNS | |
| | 26 | Kieling Anna | K55 | Barwice | | | | | | | DNS | |

Kula K - 2 kg

| | | | | | | | | | | | | |
|---|----|----------------|-----|-----------|------|------|------|------|------|---|------|-----|
| 1 | 17 | Frąckowiak Ewa | M55 | Kołobrzeg | | | | | | | | |
| | | | K80 | Poznań | 5,36 | 5,68 | 5,95 | 5,48 | 5,49 | x | 5,95 | 943 |

Kula M Open

| | | | | | | | | | | | | |
|----|----|---------------------|-----|-------------------|-------|-------|-------|-------|-------|-------|-------|------|
| 1 | 25 | Roszczak Czesław | M80 | Pogorzela | 12,27 | 12,35 | 11,69 | x | 12,04 | 12,13 | 12,35 | 1306 |
| 2 | 9 | Kopik Leszek | M75 | Szczecin | 11,42 | 11,23 | x | 11,41 | 11,28 | 11,72 | 11,72 | 1099 |
| 3 | 3 | Strelczuk Wojciech | M65 | Chojna | 12,14 | 12,32 | 12,15 | 12,03 | 12,25 | 12,40 | 12,40 | 1043 |
| 4 | 22 | Krankowski Wacław | M70 | Toruń | 12,40 | 11,79 | 12,21 | 12,10 | 11,83 | 12,43 | 12,43 | 1042 |
| 5 | 2 | Drażkowski Mariusz | M65 | Zakrzewo | 11,48 | 11,84 | x | 12,08 | x | x | 12,08 | 1015 |
| 6 | 19 | Duber Jerzy | M60 | Zielona Góra | 10,88 | x | x | 10,92 | 11,44 | 11,16 | 11,44 | 850 |
| 7 | 10 | Radzikowski Henryk | M60 | Szczecin | 10,55 | 10,75 | 11,33 | 10,58 | 11,16 | 11,28 | 11,33 | 841 |
| 8 | 1 | Piotrowski Robert | M55 | Kołobrzeg | x | x | x | 11,14 | 11,06 | 11,30 | 11,30 | 823 |
| 9 | 7 | Piączkowski Andrzej | M70 | Warszawa | x | 10,00 | x | x | x | x | 10,00 | 823 |
| 10 | 15 | Burdzy Mieczysław | M75 | Stargard | 7,71 | 7,92 | x | r | r | r | 7,92 | 718 |
| 11 | 18 | Frąckowiak Feliks | M80 | Poznań | 6,69 | 6,65 | 6,68 | 6,73 | x | x | 6,73 | 675 |
| 12 | 8 | Dunal Jerzy | M65 | Stargard | 7,38 | 7,92 | 7,72 | 7,81 | x | 8,17 | 8,17 | 661 |
| 13 | 24 | Sucholas Artur | M40 | Stargard | 8,44 | 8,29 | 8,72 | x | 8,92 | 8,86 | 8,92 | 490 |
| | 14 | Musiał Akadiusz | M45 | Słońsk | | | | | | | DNS | |
| | 28 | Królik Bogdan | M55 | Chrzypsko Wielkie | | | | | | | DNS | |

Kula K Open

| | | | | | | | | | | | | |
|---|----|--------------------|-----|---------|------|------|------|------|------|------|------|-----|
| 1 | 17 | Frąckowiak Ewa | K80 | Poznań | 5,36 | 5,68 | 5,95 | 5,48 | 5,49 | x | 5,95 | 943 |
| 2 | 4 | Strelczuk Irena | K60 | Chojna | 5,14 | 5,40 | 5,62 | 5,09 | 5,34 | 5,40 | 5,62 | 479 |
| | 16 | Krzyżan Małgorzata | K50 | Słubice | | | | | | | DNS | |
| | 26 | Kieling Anna | K55 | Barwice | | | | | | | DNS | |